

St. Martin's School Kindergarten and Pre-Prep Lunch Menu

	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<i>Week 1 7-11 January</i>		<i>STAFF INSET BUFFET LUNCH</i>	<i>Quorn Dippers Basmati Rice Sweetcorn Jam Sponge Custard</i>	<i>Spaghetti Puttanesca Garlic Dough Balls Sugar Snap Peas Peaches Custard</i>	<i>Cod Bites Vegetable Nuggets Chunky Chips Petit Pois Fromage Frais</i>
<u><i>Selection of Fresh Fruit Available Every Day</i></u>					

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Spring 2019

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>WEEK 1</u>	Oven Baked Chicken Sausage Vegetable Sausage	Homemade Italian Style Pizza	Swedish Quorn Balls in Homemade Tomato Sauce	Roast Turkey Breast Spicy Vegetable Pie	Battered Cod Bites Vegetable Nuggets
W/c 14-18 Jan	Creamy Mash Potato	Sweetcorn	Basmati Rice	Roast Potatoes	Chunky Chips
W/c 11-15 Feb	Baked Beans		Bean Medley	Fresh Carrots Wedges	Peas
W/c 18-22 Mar	Cherry Crumble	Peaches Custard Custard	Vanilla Ice Cream Strawberry Sauce	Sticky Toffee Pudding Custard	Fromage Frais
<u>WEEK 2</u>	Linguine pasta with puttanesca sauce	Vegetable Sate with Homemade Tomato Sauce	Quorn Dippers New Potatoes	Roast Chicken Mushroom Pasta	Cod Bites Vegetarian Sausage Roll
W/c 21-25 Jan	Garlic Dough Ball	Basmati Rice	Fine Green Beans	Roast Potatoes	Chunky Chips
W/c 25-1 Mar	Fresh Broccoli	Sweetcorn		Peas	Baked Beans
W/c 25-29 Mar	Apple Crumble Custard	Vanilla Sponge Custard	Yogurt Drink Homemade Shortbread Finger	Chocolate Fudge Cake Chocolate Sauce	Vanilla Ice Cream
<u>WEEK 3</u>	Chicken Tikka Masala Indian Selection & Dhal Basmati Rice	Homemade Italian Style Pizza	Chicken Sausage Vegetarian Sausage	Roast Leg of Lamb Aparvas Pasta	Breaded Cod Fish Fingers Potato Gnocchi Chunky Chips
W/c 28-1 Feb	Fresh Broccoli	Sweetcorn	Mash Potato	Roast Potatoes	Peas
W/c 4-8 Mar	Treacle Sponge Custard	Mini Chocolate Muffin	Baked Beans Cheese & Biscuits Apple Slices	Fresh Sliced Carrots Stewed Apple Custard	Petit Fromage Frais
<u>WEEK 4</u>	Lamb Bolognese Lentil Bolognese	Macaroni Cheese	Quorn Shepherd's Pie Veg Gravy	Roast Chicken Breast Jamaican Pattie	Breaded Cod Fish Fingers Vegetable Spring Roll
W/c 4-8 Feb	Spaghetti	Garlic Dough Balls		Roast Potatoes	Chunky Chips
W/c 11-15 Mar	Sweetcorn	Peas	Green beans	Baton Carrots	Peas
	Vanilla Sponge Custard	Fresh Fruit Salad & Custard	Yogurt	Rice Pudding	Carrot Cake
	<u>Selection of Fresh Fruit Available every day</u>				

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<i>Week 3 1-5 April</i>	<i>Chicken Tikka Masala Vegetable Samosas & Toor Dhal Basmati Rice Fresh Broccoli Treacle Sponge Pudding Custard</i>	<i>Breaded Oven -baked Cod Fish Fingers Potato Gnocchi Chips Peas Fromage Frais</i>	<i>HAPPY HOLIDAYS</i>	<i>HAPPY HOLIDAYS</i>	<i>HAPPY HOLIDAYS</i>
<i><u>Selection of Fresh Fruit Available Every Day</u></i>					