

St.Martin's School Lunch Menu

WEEK 0

MONDAY

TUESDAY


WEDNESDAY

THURSDAY


FRIDAY

STAFF INSET

Fresh Ice Cold Milk, Orange Juice and a Selection of Fresh Fruits and Breads available every day

 *Contains 1 or more of your 5 a day allowance*


HOT BAR

Teryaki Chicken 


Quorn Dippers

Basmati Rice

~

Cod in Coconut Curry Sauce 

~

Sweetcorn 

~

Jam Sponge

Custard

COLD BAR

Assorted Sandwiches

Assorted Meats & Salads

~

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit


HOT BAR

Lasagne


Spaghetti Puttanesca 


Garlic Bread or New Potatoes

~


Steak & Onion Pie 

~

Sugar Snap Peas 

Fine Green Beans 

~

Peaches 

Custard

COLD BAR

Assorted Sandwiches

Assorted Meats & Salads

~

Jelly


Yogurt

Fresh Fruit Salad

Fresh Fruit


HOT BAR

Cod Bites

Vegetable Nuggets 

Chip Shop Chips

~


Cheese & Tomato 

Turnover

~

Peas 

~

Fromage Frais 

COLD BAR

Assorted Sandwiches

Assorted Meats & Salads

~

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

Date.....

St.Martin's School Lunch Menu

WEEK 1

MONDAY

HOT BAR

Chicken & Mushroom Pie

Penne Pasta with Arrabattia Sauce ☺

Mashed Potato or New Potato

~

Pork Cumberland Sausage

~

Peas ☺

Baked Beans

~

Cherry Crumble ☺

Custard

COLD BAR

Assorted Vegetarian Sandwich

Assorted Meat Sandwiches

Assorted Meats & Salads

~

Jelly

Yogurt

☺ Fresh Fruit Salad

☺ Fresh Fruit

TUESDAY

HOT BAR

Italian Style Pizza ☺

Vegetable Lasagne

Paprika Diced Potatoes

Spaghetti Carbonnara ☺

~

Sweetcorn ☺

~

Bakewell Tart ☺

Custard

Fresh Ice Cold Milk, Orange Juice and a Selection of Fresh Fruits and Breads available every day

COLD BAR

Assorted Vegetarian Sandwich

Assorted Meat Sandwiches

Assorted Meats & Salads

~

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

WEDNESDAY

HOT BAR

Caribbean Jerk Chicken

Quorn Balls in a Homemade Tomato Sauce ☺

Basmati Rice

~

Baked HoiSin Fillet of Salmon

~

Green Beans ☺

~

Warm Chocolate Brownie

Ice Cream

COLD BAR

Assorted Vegetarian Sandwich

Assorted Meat Sandwiches

Assorted Meats & Salads

~

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

THURSDAY

HOT BAR

Roast Turkey Breast

Spicy Vegetable Pie ☺

Roast Potatoes

~

Cheese & Broccoli Bake ☺

~

Fresh Savoy Cabbage ☺

Fresh Baton Carrots ☺

~

Sticky Toffee Pudding

Custard

COLD BAR

Assorted Vegetarian Sandwich

Assorted Meat Sandwiches

Assorted Meats & Salads

~

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

FRIDAY

HOT BAR

Cod Bites

Vegetable Nuggets

Classic cut Chips

~

Cheese & Tomato ☺

Turnover

~

Peas ☺

Mushy Peas ☺

~

Fromage Frais ☺

COLD BAR

Assorted Vegetarian Sandwich

Assorted Meat Sandwiches

Assorted Meats & Salads

~

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

☺ Contains 1 or more of your 5 a day allowance

Date.....

St.Martin's School Lunch Menu

WEEK 2

MONDAY

HOT BAR

Lasagne 😊
 Linguine Puttanesca 😊
 Ciabatta Garlic Bread
 ~
 Fish Pie 😊
 ~
 Broccoli 😊
 ~
 Apple Crumble
 Custard

COLD BAR

Assorted Vegetarian Sandwiches
 Assorted Meat Sandwiches
 Assorted Meats & Salads
 ~
 Jelly
 Yogurt
 😊 Fresh Fruit Salad
 😊 Fresh Fruit

TUESDAY

HOT BAR

BBQ Spare Ribs
 Vegetable Sate with Sweet Chilli Sauce 😊
 Basmati Rice
 ~
 Crispy Chicken with Sweet Chilli Sauce
 ~
 Sweetcorn 😊
 ~
 Vanilla Sponge 😊
 Custard

COLD BAR

Assorted Vegetarian Sandwiches
 Assorted Meat Sandwiches
 Assorted Meats & Salads
 ~
 Jelly
 Yogurt
 Fresh Fruit Salad
 Fresh Fruit

WEDNESDAY

HOT BAR

Hot n Kicking Chicken
 Quorn Dippers 😊
 Potato Wedges or New Potatoes
 ~
 Fish in Coconut Curry Sauce 😊
 ~
 Fresh Fine Green Beans 😊 😊
 Baked Beans 😊 😊
 ~
 Yogurt Drink 😊
 Homemade Cookies

COLD BAR

Assorted Vegetarian Sandwiches
 Assorted Meat Sandwiches
 Assorted Meats & Salads
 ~
 Jelly
 Yogurt
 Fresh Fruit Salad
 Fresh Fruit

THURSDAY

HOT BAR

Roast Chicken
 Mushroom & Olive Pasta 😊
 Roast Potatoes
 ~
 Steak & Onion Pie 😊
 ~
 Peas 😊
 Sugar Snaps 😊
 ~
 Chocolate Fudge Cake
 Chocolate Sauce

COLD BAR

Assorted Vegetarian Sandwiches
 Assorted Meat Sandwiches
 Assorted Meats & Salads
 ~
 Jelly
 Yogurt
 Fresh Fruit Salad
 Fresh Fruit

FRIDAY

HOT BAR

Breaded Scampi
 Vegetable Samosas 😊
 Chips
 ~
 Vegetarian Sausage Roll
 ~
 Baked Beans 😊
 Peas 😊
 ~
 Vanilla Ice Cream
 Jelly

COLD BAR

Assorted Vegetarian Sandwiches
 Assorted Meat Sandwiches
 Assorted Meats & Salads
 ~
 Jelly
 Yogurt
 Fresh Fruit Salad
 Fresh Fruit

😊 Contains 1 or more of your 5 a day allowance

Date.....

St.Martin's School Lunch Menu

WEEK 3

MONDAY

HOT BAR

Chicken Tikka Masala 😊

Indian Selection & Dhal 😊

Basmati Rice & Naan Bread

Jacket Potato with Cheddar Cheese
and Baked Beans 😊

Fresh Broccoli Florets 😊

Treacle Sponge
Custard

COLD BAR

Assorted Vegetarian Sandwiches

Assorted Meat Sandwiches

Assorted Meats & Salads

Jelly

Yogurt

😊 Fresh Fruit Salad

😊 Fresh Fruit

TUESDAY

HOT BAR

Italian Style Pizza 😊

Kedgeree 😊

Cajun Diced Potatoes

Homemade Chicken Goujons

Sweetcorn 😊

Chocolate Muffins
Chocolate Krispie Cakes 😊

Fresh Ice Cold Milk, Orange Juice and a Selection of Fresh Fruits & Breads available every day

COLD BAR

Assorted Vegetarian Sandwiches

Assorted Meat Sandwiches

Assorted Meats & Salads

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

WEDNESDAY

HOT BAR

Braised Steak 😊

Vegetarian Sausage 😊

French Bread or New Potatoes

Cumberland Pork Sausage

Peas 😊

Cheese Portion & Cream Crackers
Apple & Grapes 😊

COLD BAR

Assorted Vegetarian Sandwiches

Assorted Meat Sandwiches

Assorted Meats & Salads

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

THURSDAY

HOT BAR

Roast Leg of Lamb

Sunblushed Tomato & Rocket
Quiche 😊

Roast Potatoes

Apurvas Pasta 😊

Baby Carrots & French Beans 😊

Broad Beans 😊

Apple & Blackberry Crumble
Custard 😊

COLD BAR

Assorted Vegetarian Sandwiches

Assorted Meat Sandwiches

Assorted Meats & Salads

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

FRIDAY

HOT BAR

Breaded Cod Fish Fingers

Potato Gnocchi with Basil Pesto 😊

Classic Cut Chips

Cheese & Onion Pasty 😊

Baked Beans

Peas 😊

Petit Fromage Frais 😊

COLD BAR

Assorted Vegetarian Sandwiches

Assorted Meat Sandwiches

Assorted Meats & Salads

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit



Contains 1 or more of your 5 a day allowance

Date.....

St.Martin's School Lunch Menu

WEEK 4

MONDAY

HOT BAR

Lamb Bolognese 😊

Lentil Bolognese 😊

Spaghetti

~
Butternut Squash & Red Onion
Lasagne

~
Sweetcorn 😊

Ciabatta Garlic Bread

~
Vanilla Sponge 😊
Custard

COLD BAR

Assorted Vegetarian Sandwiches
Assorted Meat Sandwiches
Assorted Meats & Salads

~

Jelly

Yogurt

😊 Fresh Fruit Salad

😊 Fresh Fruit

TUESDAY

HOT BAR

Southern Fried Chicken 😊

Macaroni Cheese 😊

Spicy Curly Fries or New Potato

~
Mediterranean Cod

~
Peas 😊

Baked Beans 😊

~
Cherry Pie 😊
Custard

COLD BAR

Assorted Vegetarian Sandwiches
Assorted Meat Sandwiches
Assorted Meats & Salads

~

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

WEDNESDAY

HOT BAR

BBQ Sticky Chicken Drumstick

Mixed Bean Biryani 😊

Rice 😊

~
Mushroom & Spinach Stroganoff

~
Fresh Broccoli 😊

~
Yogurt 😊
Cookie

COLD BAR

Assorted Vegetarian Sandwiches
Assorted Meat Sandwiches
Assorted Meats & Salads

~

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

THURSDAY

HOT BAR

Roast Chicken

Sweet Pepper Pasta 😊

Roast Potatoes

~
Chorizo Sausage, Panchetta & 😊
Tomato Pasta

~
Fresh Carrots & Green Bean 😊

Roasted Seasonal Vegetables 😊

~
Rice Pudding

COLD BAR

Assorted Vegetarian Sandwiches
Assorted Meat Sandwiches
Assorted Meats & Salads

~

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

FRIDAY

HOT BAR

Battered Cod Fillet

Vegetable Spring Roll 😊

Chunky Chips

~
Cheese & Bacon Turnover 😊

~
Sweetcorn 😊

Peas 😊

~
Carrot Cake

COLD BAR

Assorted Vegetarian Sandwiches
Assorted Meat Sandwiches
Assorted Meats & Salads

~

Jelly

Yogurt

Fresh Fruit Salad

Fresh Fruit

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St.Martin's School Lunch Menu

WEEK 3

MONDAY

HOT BAR

Chicken Tikka Masala 😊

Indian Selection & Toor Dhal 😊

Basmati Rice & Naan Bread

~

Jacket Potato with Cheddar Cheese
and Baked Beans 😊

~

Fresh Broccoli Florets 😊

~

Treacle Sponge
Custard

COLD BAR

Vegetarian Sandwiches 😊

Meat Sandwiches 😊

Assorted Meats & Salads

~

Jelly

Yogurt

😊 Fresh Fruit Salad

😊 Fresh Fruit

TUESDAY

HOT BAR

Breaded Cod Fish Fingers 😊

Potato Gnocchi with Basil Pesto 😊

Classic Cut Chips

~

Cheese & Onion Pasty

~

Baked Beans 😊

Peas 😊

~

Petit Fromage Frais 😊

Fresh Ice Cold Milk, Orange Juice and a Selection of Fresh Fruits & Breads available every day

COLD BAR

Vegetarian Sandwiches 😊

Meat Sandwiches 😊

Assorted Meats & Salads

~

Jelly

Yogurt

😊 Fresh Fruit Salad 😊

😊 Fresh Fruit 😊

WEDNESDAY

HAPPY

HOLIDAYS

THURSDAY

HAPPY

HOLIDAYS

FRIDAY

HAPPY

HOLIDAYS

😊 *Contains 1 or more of your 5 a day allowance*